



# EVERY 5 DAYS, A BABY IN ARIZONA **SUFFOCATES** WHILE SLEEPING...

...IS YOUR BABY SLEEPING SAFELY?

- Share a room, not a bed
- Lay baby down to sleep in a crib or bassinet
- Place babies on their back every time, at night and for naps
- Give babies space to breathe — no pillows, bumpers, blankets or toys



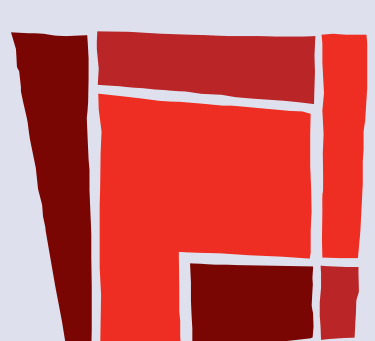
**DON'T SLEEP WITH YOUR BABY**



**DON'T LET YOUR BABY SLEEP IN A CROWDED CRIB**



## DON'T WAKE UP TO A TRAGEDY



ADHS



**Prevent Child Abuse**  
Arizona™



**FIRST THINGS FIRST**

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