

## SERVICE PROVIDERS

### Terros Health (602) 685-6058

(STATEWIDE)

ServiceReferralsMEMW@AZDCS.GOV

### Catholic Community Services South and Northeast

(520) 458-4203

(SOUTH REGION)

Counties served: Pima/Yuma/

Cochise/Santa

CruzServiceReferralsSouth@

AZDCS.GOV

(NORTHEAST REGION)

Counties Served: Pinal/Gila/Graham/

Greenlee/Navajo/Apache

ServiceReferralsNENW@AZDCS.GOV

### Catholic Charities Community Services Northwest

(928) 774-9125

(NORTHWEST REGION)

Counties Served: Coconino/Mohave/

Yavapai/La Paz

ServiceReferralsNENW@AZDCS.GOV



# Arizona Families F.I.R.S.T

**Families In Recovery  
Succeeding Together**  
Substance Abuse Program



Equal Opportunity Employer/Program. The Department of Child Safety (DCS) prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics, or retaliation or any other status protected by federal law, state law, or regulation. Reasonable accommodations to allow a person with a disability to take part in a program, service, or activity are available upon request. To request this document in alternative format or for further information about this policy contact your local office. TTY/TDD Services: 7-1-1. Free language assistance for DCS services is available upon request. Ayuda gratuita con traducciones relacionadas con los servicios del DCS esta disponible a solicitud del cliente.

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The Vision of the Substance Abuse Treatment Fund Partnership is to build a family-centered service delivery system, which promotes family independence, stability, self-sufficiency, and recovery from substance abuse, assures child safety and supports permanency for children.



**ARIZONA**  
DEPARTMENT  
of CHILD SAFETY

## WHAT CAN I EXPECT?

A substance abuse treatment agency will contact you within 24 hours of receipt of the referral to schedule an intake.

Once you agree to accept services, a comprehensive substance abuse assessment is initiated within seven days. At the conclusion of the assessment, you will start an interim plan of services while the recommendations from the comprehensive assessment are finalized. A service plan will be developed with you based on your needs and the appropriate level of care for you.

Your first treatment service should occur within 14 days following the assessment. Your interim plan services should start within 3 days of your assessment and your finalized service plan should be complete within 15 days. Ongoing communication between your DCS or DES/TANF case manager and the treatment agency occurs to help you succeed.

## WHAT DO AFF SERVICES INCLUDE?

If treatment services are recommended, you will receive a combination of group and individual counseling, case management, education about the effects of drugs and alcohol on you and your family, and random drug and alcohol testing throughout the program.

## HOW DO THESE SERVICES BENEFIT ME AND MY FAMILY?

AFF services are designed especially for you and your family. All of you will be involved, as much as possible, in developing a service plan to help your family become stronger.

Your spouse/partner and children will also attend sessions to help them learn about how your drug/alcohol use affects them and how best to support you in your treatment.

Couples and family counseling is also available so your relationships can be strengthened and problems can be worked out together.



## WHAT DO AFF SERVICES INCLUDE?

- **Substance Abuse Assessment**  
Determines interventions and treatment needs.
- **Substance Abuse Awareness** Promotes education about consequences and effects of substance abuse on your body and your individual and family life. Family members can also attend these sessions.
- **Treatment Level Options: Outpatient Treatment** A minimum of three hours per week of individual, group and counseling to address your substance use.  
**Intensive Outpatient Treatment** A minimum of 9 hours a week of individual, group & counseling to address your substance use.  
**Residential Treatment** Individual, group & family counseling in a 24/7 treatment facility. Some residential settings allow your children to remain with you during your treatment.
- **Recovery Maintenance Services**  
Designed to assist you in connecting with the community to build supports for sobriety and includes relapse prevention services.
- **Auxiliary Services With Case Coordination Services** may include transportation, child care, car repair, utility assistance, housing assistance, clothing/uniform vouchers, food boxes, cell phone minutes, parenting & domestic violence groups, employment services & coordination with community agencies. These services are provided throughout your substance abuse treatment to help you succeed.