



# Family Support Plan

Strategizing supplement

*development of family through foster care*

1 What are some of the highlights you and/or your family have experienced over the past few months?

2 What are some of the challenges you and/or your family have experienced over the past few months?



# Family Support Plan

## *development of family through foster care* ~continued

**3** How have you and/or your family managed these challenges? What resources have the family used to assist them through these challenges (training, support group, therapy)?

**4** Have you and/or your family applied information gained from the resource(s) to assist you in overcoming the identified challenges? If you are using this new information, how are you using the knowledge/strategy to overcome the identified challenges? If you are NOT using the new information to overcome the identified challenge, what do you believe you need to assist you with overcoming these challenges?

**5** During your time as a foster, adoptive or kinship parent, what are the three most challenging behaviors and/or situations for you to parent effectively?



# Family Support Plan

*development of family through foster care ~continued*

6 What are three strategies for managing each challenging behavior/situation listed above?

Behavior/Situation	Strategy 1	Strategy 2	Strategy 3

7 Do you believe you have the needed level of training, support, resources to assist you in managing challenging behaviors/situations?

8 What other support(s) would be helpful and in which would you be willing to participate in (training, respite, support groups, mentoring services, etc.)?



# Family Support Plan

## *development of family through foster care ~continued*

9 Do you have new connections to your community that you have found to be helpful with the addition or departure of a child(ren) in your home (e.g. groups, activities, sports, church, hobbies)?

10 What is the timeline to research, schedule, start and implement additional resources/training?

*research:*

*schedule:*

*start:*

*implement:*

11 Would you be willing to make changes to your parenting style or how you manage tough situations?



# Family Support Plan

*development of family through foster care ~continued*

**12** How are you feeling about moving forward with foster, adoptive and/or kinship care?

**13** Agency recommendations on training/resources based on needs of the family and completion dates.

Recommended Training/Resources

Expected Completion Date





# Family Support Plan

## Signatures

Caregiver Signature

Date

Caregiver Signature

Date

Agency Specialist

Date