



# Safe Sleep Commitment Form

Safe Sleep pamphlet review and signed Safe Sleep Commitment Form is required by each caregiver and teenage parent licensed under Title 21, Chapter 6 and Title 21, Chapter 7 to provide care to children under the age of three (3) per DCS 15-31 Safe Sleep Commitment and Pamphlet. "Baby" in regard to this form, is defined as a child under the age of one.

\_\_\_\_\_  
Name of Caregiver | \_\_\_\_\_  
Agency Name | \_\_\_\_\_  
Quick Connect ID No. (for Foster Homes Only)

## Commitment Statement

- 1 I understand that the safest place for a child under the age of one (1) to sleep is alone, on their back, and in a crib.
- 2 I understand that I shall have the proper equipment, such as age-appropriate beds, for each child at the time of placement.
- 3 I have read and reviewed the Safe Sleep Pamphlet (CSO-2142).
- 4 I Will:
  - Not share my bed with the baby.
  - Keep bedding away from the baby's face.
  - Not overdress the baby.
  - Move the baby to a crib as soon as possible if they fall asleep in a; stroller, swing, infant carrier, car seat, sling, etc.
  - Make sure nothing is in the baby's sleeping area (pillows, blankets, bumper pads, other soft items, toys, etc.).
  - Use a firm mattress.
  - Not place the baby to sleep on furniture such a sofa or chair.
  - Keep any pets away from a sleeping baby.
  - Make sure that anyone who watches the baby knows about and agrees to follow the safe sleep requirements.

\_\_\_\_\_  
Caregiver Name | \_\_\_\_\_  
Caregiver Signature | \_\_\_\_\_  
Date

\_\_\_\_\_  
Caregiver Name | \_\_\_\_\_  
Caregiver Signature | \_\_\_\_\_  
Date

## Acknowledgments

**I Have:**

Reviewed the Safe Sleep Pamphlet with the caregiver for:

Initial      Renewal      Amendment      Placement Visit for a child under the age of three (3) years

Verified age-appropriate beds available for each child at the time of placement, for current placements, and all household members.

\_\_\_\_\_  
Agency Representative Printed Name | \_\_\_\_\_  
Agency Representative Signature | \_\_\_\_\_  
Date

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