

RESOURCE NUMBERS

For any life-threatening emergencies call 9-1-1

FOR BEHAVIORAL HEALTH NEEDS/EMERGENCIES. CONTACT YOUR REGIONAL BEHAVIORAL HEALTH AUTHORITY (RBHA):	
Mercy Maricopa Integrated Care	1-800-564-5465
Health Choice Integrated Care (HCIC)	1-800-640-2123
Cenpatico Integrated Care	1-866-495-6738
United Healthcare Community Plan (CRS)	1-800-348-4058
BEHAVIORAL HEALTH CRISIS LINES BY COUNTY:	
Maricopa county and Pinal zip codes 85120, 85140, 85143, 85220, 85240, 85243	1-800-631-1314
Cochise, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz & Yuma counties	1-800-348-4058
Apache, Coconino, Gila, Mohave, Navajo & Yavapai counties	1-877-756-4090
OTHER	
National Suicide Prevention Lifeline; chat with a specialist online at www.chat.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx	1-800-273-8255
Crisis Text Line	Text HOME to 741741
National Domestic Violence Hotline	1-800-799-7233
Child Abuse Hotline	1-888-767-2445
Human Trafficking Hotline / Text Line	1-888-373-7888 or text "HELP" or "INFO" to 233733
Sexual Assault Hotline	1-800-656-HOPE (4673)
GLBT National Youth Talk Line	1-800-246-7743
National Center for Missing & Exploited Children	1-800-THE-LOST (1-800-843-5678)
Teen Lifeline	602-248-TEEN (8336) or 1-800-248-TEEN (8336)
Teen Line	1-800-TLC-TEEN or text "TEEN" to 839863
TXT 4 HELP: If you're in trouble or need help, text SAFE and your current location (address, city, state) to 69866 for immediate help. You will receive a message with the closest Safe Place location and contact number for the local youth shelter. You can also visit www.nationalsafeplace.org	text SAFE to 69866
National Runaway Switchboard	1-800-RUNAWAY
Crisis Pregnancy Help Line	1-800-672-2296
Teen Health Resources Line	1-888-711-TEEN (8336)
Arizona Health Care Cost Containment System (AHCCCS) Member Services	1-855-432-7587
Comprehensive Medical & Dental Program (CMDP)	602-351-8529

RESOURCES:

How a Girl's Body Grows

The Office on Women's Health. U.S. Department of Health and Human Services, www.girlshealth.gov

Wyman Teen Outreach Program®, Changing Scenes Curriculum© 2012

Girls Talk: Taking Care of Your Body

The Office on Women's Health. U.S. Department of Health and Human Services, www.girlshealth.gov

How a Boy's Body Grows

Kids Health, www.kidshealth.org

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Guy Talk: Taking Care of Your Body

Kids Health, www.kidshealth.org

Preventing Pregnancy and Sexually Transmitted Diseases/Infections

Centers for Disease Control & Prevention, www.cdc.gov

Facts about STDs & STIs: Sexually Transmitted Diseases/Infections

Centers for Disease Control & Prevention, www.cdc.gov

Sexual Violence Awareness. Be Aware. Be Smart.

Centers for Disease Control & Prevention, www.cdc.gov

Sexual Violence Prevention & Education in Arizona, www.azrapeprevention.org

Building a Healthy Relationship

The National Campaign to Prevent Teen & Unplanned Pregnancy, www.thenationalcampaign.org

Start Strong Idaho campaign materials

Human Trafficking. Be Aware.

State of Arizona, End Sex Trafficking AZ, www.endsextrafficking.az.gov

Health, Sleep, Nutrition and Tobacco Awareness

PowerMeA2Z Initiative, www.powermea2z.org

U.S. Department of Health and Human Services, www.betobaccofree.hhs.gov

Presented by the Arizona Department of Child Safety (DCS) and the Comprehensive Medical and Dental Program (CMDP).

For more information, please visit our website at: www.dcs.az.gov/cmdp