



# Family Support Plan

## parent supplement

Please answer these questions with the last three months in mind. If there has been a new child(ren) in the home, respond related to how the changes pertain to the new child(ren) or discharge of a child(ren) in the home and the effect on the children in the home. If there have not been any new children, please respond accordingly by discussing the family dynamic in general.

### *development of family through foster care*

**1** How do you believe the family has functioned (interactions and relationships within the family, particularly levels of conflict and cohesion, adaptability, organization, and quality of communication) with the addition or departure of a child(ren)?

**2** Has the way your family shows affection changed since the addition or departure of a child(ren)? Do you feel you have the time to show affection to everyone in the home? (children, spouse, partner) If not, what are some ways in which your licensing agency can help?



# Family Support Plan

## *development of family through foster care* ~continued

3 How has your family been spending quality time together since the addition or departure of a child(ren) in the home?

4 How has your family expressed encouragement toward each other with the addition or departure of a child(ren)?

5 How are you handling the commitments of your foster, adoptive or kinship child and family? Does the family feel balanced?  
What can your agency do to help?



# Family Support Plan

## *development of family through foster care* ~continued

6 How is the communication within the family and between spouses or partners? Has the communication changed since the addition or departure of a child(ren)?

7 How have you observed each family member adapt to changes in your home with the addition or departure of a child(ren)?

8 Have you noticed any new challenges for your family with the addition or departure of a child(ren)?



# Family Support Plan

## *development of family through foster care ~continued*

9 Do you have new connections to your community that you have found to be helpful with the addition or departure of a child(ren) in your home (e.g. groups, activities, sports, church, hobbies)?

10 Have you noticed any new boundaries you have had to put into place recently in your home? Has this been a struggle?

11 Has your family adapted to care giving and your placement? What needs do you have?



# Family Support Plan

## *development of family through foster care ~continued*

**12** How is everyone feeling about foster care/kinship care/adoption? Are there any supports your agency can offer?

**13** Do you have additional needs not currently being met by your agency?

**14** Over the past quarter what services has your agency provided to help with abuse/trauma-based behaviors the child may have exhibited?



# Family Support Plan

*development of family through foster care ~continued*

15 What are three strategies you learned or use for managing challenging behaviors?

*additional comments*



# Family Support Plan

## Signatures

Caregiver Signature

Date

Caregiver Signature

Date

Agency Specialist

Date