

COVID-19 IN-PERSON VISIT GUIDE

Parenting Time (Visitation)



WHAT YOU CAN EXPECT FROM ALL DCS STAFF AND DCS CONTRACTED PROVIDERS:

- Any DCS Staff or DCS Contracted Provider that has symptoms or a positive test for COVID-19 in the last 10 days will NOT be conducting child visitation.
- ALL DCS Staff and DCS Contracted Providers will contact caregivers and parents in advance to establish expectations on how the in-person visit will be conducted (i.e. in a shaded area outside, in the home, at a pre-determined location or facility, etc.)
- ALL DCS Staff and DCS Contracted Providers will practice good hygiene according to CDC guidelines (see attached) **AND be wearing a facial covering.**



WHAT YOU CAN EXPECT AT OUR LOCATIONS

- Visitation rooms, vehicles, and commonly touched office equipment such as copy machines, vending machines, and coffee makers WILL BE DISINFECTED after each use.
- ALL VISITORS to DCS Facilities MUST WEAR A MASK. If they do not have a mask, they will be provided a disposable mask for their visit. This is to keep all of us healthy. There are NO EXCEPTIONS to this rule. This includes candidates for employment that are being interviewed by staff.
- Physical distancing will be employed in DCS locations whenever possible.

WHAT WE EXPECT FROM CHILDREN

- Children 6 and younger are not expected to wear masks, all others are
- If children are sick, symptomatic, etc visit will be conducted virtually
- If child is medically fragile, seek guidance from DCS Program Manager

WHAT WE EXPECT FROM PARENTS

- We expect you to inform your DCS Specialist & the Parent Aide/Visitation Provider and cancel your in-person visit if you have symptoms or have been exposed to anyone testing positive for COVID-19. Virtual Visitation should be scheduled instead.
- If you have symptoms, a positive test for COVID-19 or have been exposed to someone with a positive test for COVID-19, virtual visits should be conducted until 10 days since symptoms first appeared AND 3 days have passed without symptoms (without the use of fever reducing medications), or upon receipt of a negative test result.
 - * Parents in the medical field exposed to patients with COVID-19 may participate in services in-person as long as they have no symptoms of COVID-19. Parents should be self-screening themselves prior to services to check if they are symptomatic.
- You are required to wear a facial covering for your visit. This includes visits conducted in public as well as in the home. If you do not have a facial covering, one will be provided to you.
- In the event the visit is being conducted in the parent's home, we would like parents to wear a mask for the safety of others.
- Visitation should be limited to just birth parents & siblings during COVID-19. Other family members may attend visitation if appropriate based on the written approval of the DCS Specialist & Supervisor.

WHAT WE EXPECT FROM CAREGIVERS:

- During the advance call, you will be asked if any member of your household has tested positive for COVID-19 in the last 10 days, has symptoms of COVID-19 or has been exposed to someone who tested positive for COVID-19. If yes or if the child has been determined to be at high-risk, alternate visitation arrangements may be made but must be approved by the DCS Program Manager and Program Administrator. If no, please proceed with scheduling the visit.
- If age appropriate, teach children proper hygiene techniques and inform them that we will be wearing facial coverings so they are not surprised. All children are also required to wear a facial covering during child contacts. Children 6 years and under are exempt from the mask requirement. (facial coverings are not recommended for children under 2 years of age, or individuals who cannot safely manage their own face coverings) See page 2 for resources.
- If the caregiver's home includes household members that are high risk or immuno-compromised, please seek guidance from DCS Specialist and DCS Program Manager.

COVID-19 IN-PERSON VISIT NOTES AND RESOURCES

SYMPTOMS OF COVID-19



- mild to severe respiratory illness with fever,
- cough,
- difficulty breathing or shortness of breath,
- chills,
- repeated shaking with chills (rigors),
- muscle pain,
- headache,
- sore throat and
- new loss of taste or smell.

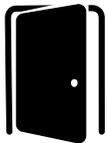
Symptoms begin 2 to 14 days after exposure to the virus.

TRANSPORTATION:



If a child needs to be transported, the driver must wear a facial covering. Additionally, passenger area and car seats need to be sprayed with disinfectant or wiped down with a disinfecting wipe between transports.

Please respect the caregivers wishes about entering/not entering their home. Please call family when you arrive at the house to see if they would like to bring/meet the child outside.



VISITATION ROOMS, TOYS AND FOOD:

Visitation rooms must be disinfected between uses. All common surfaces such as door handles and chairs must be sprayed or wiped down with disinfectant, including toys. Parents may bring toys, gifts and store-packaged food to engage with children during parenting time. Caregivers may also send toys and restaurant prepared or store packaged food to the parenting time. Prepared food is allowed for visits being conducted in the home. Children should feed themselves if they are able.

VISIT PREPARATION FOR CHILDREN:

- Show children the "Soap & Pepper Experiment" - <https://www.youtube.com/watch?v=djxmuDz8c3s>
- "I am the Coronavirus" booklet - <https://www.mindheart.co/descargables>
- Make homemade comfort facial coverings to wear during parenting times – <https://www.velcro.com/blog/2020/04/how-to-make-a-diy-face-facial-covering-8-easy-methods/>
 - * Here is an article to help kids get used to wearing facial coverings - <https://kidshealth.org/en/parents/coronavirus-facial-coverings.html>
 - * Here is an article about should kids wear face facial coverings & everything parents would need to know - <https://www.inquirer.com/family/kids-facial-coverings-facefacial-covering-coronavirus-covid19-facial-covering-size-20200428.html>

RETURN TO WORK DIRECTIVE FOR DCS STAFF AND DCS CONTRACTED PROVIDERS:



DCS Staff and DCS Contracted Providers with symptoms or testing positive for COVID-19 may return to work if it has been 10 days since symptoms first appeared AND 3 days have passed since the following symptoms have resolved: fever, chills, rigors (chills with shaking) and body/muscle aches, without the use of fever-reducing medications and improvement in respiratory symptoms (including cough, shortness of breath/difficulty breathing, sore throat, and loss of taste or smell) (if only symptoms without testing then release from isolation 72 hours after the resolution of fever and symptoms).

INSTRUCTIONS FOR PARENTS DURING VISITATION

	Action	Required	Allowed	Not Allowed	Additional Notes
PRE-VISIT PLANNING ACTIVITIES	Parents Wearing a Facial Cover or Mask	X			
	Children Wearing a Facial Cover or Mask	X			Caregiver to provide facial covering for child. Children six and under are exempt from mask requirement.
	Bringing Toys & Snacks, Gifts		X		Parents and Caregivers may provide prepared or packaged food for visits.
	Wash Hands or Use Hand Sanitizer	X			
	Leave extra bags, clothing, and unnecessary items in the car	X			
DURING THE VISIT ACTIVITIES	Hugging, Kissing, Physical Touch, Including Sibling Interactions		X		
	Eating Meals/Snacks		X		Child must feed themselves if able
	Changing Diapers		X		Sanitize/Wash Hands before and after. If available, use gloves.
	Sanitize area & wash hands after each activity and meal	X			
	Every hour hands should be washed.	X			
POST VISIT ACTIVITIES	Sanitize Visit Space	X			
	Wash Hands	X			

HYGIENE AND SOCIAL DISTANCING BEFORE, DURING AND AFTER A VISIT



BEFORE A VISIT

- Wash your hands if possible, or use hand sanitizer.
- Avoid touching your face.
- Only bring items necessary for the visit to the visit. Leave any bags in your vehicle.



DURING A VISIT

- If a home visit, allow the family to open and close doors, or use a barrier (tissue/paper towel) when touching doorknob.
- When possible, maintain the recommended 6ft social distance between people. Facial coverings must be worn if distancing cannot be maintained, during child transport, and any time a visit occurs indoors.
- Avoid placing belongings on tables, counters, floors or touching surfaces.



AFTER A VISIT

- Wash your hands if possible, or use hand sanitizer.
- Avoid touching your face.
- Items you should be cleaning and sanitizing regularly include: phone, pen, badge, keys or any additional supplies.

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



When in public, wear a cloth face covering over your nose and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

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