

# FAMILY CONNECTIONS



<b>SOCIAL SUPPORT</b>	<i>Building and strengthening positive relationship so parents have someone to call when they need someone to talk to or help meeting the child's needs.</i>
	Who does the family depend on (ie. Emotional, child care, financial, household support)? Who do the family talk to about positive, negatives, stress, issues, concerns? Which agencies/resources can help the family and child?
<b>FAMILY FUNCTIONING</b>	<i>Coaching to improve communication, clarify values, and learn coping skills so parents can solve life's problems without getting overwhelmed.</i>
	What are the rules for the family and does everyone understand them? How does the family demonstrate that they depend on each other? How does the family communicate strengths, problems, concerns, disagreements? What does the family view as important and does everyone in the family feel they are an important part of the family? What does the family do to get their mind off of their worries? Does the family take into account each members needs before making decisions?
<b>FAMILY RESOURCES</b>	<i>Assistance finding and making good use of resources to meet the children's basic needs for food, clothing, supervision, housing and health care.</i>
	Does the family have the resources to pay for food, housing, electricity, water, clothing, basic necessities and/or entertainment? Does each family member have time for themselves, others, and their family members? Does the family have medical/dental insurance, other government benefits? Does the child have the necessary educational and medical supplies? Does the family have access to reliable transportation and phone services (for emergencies)?
<b>PARENTING STRESS</b>	<i>Helping parents manage and cope with stress connected to parenting.</i>
	What does the parent do to cope with stress related to parenting? Does the parent easily get irritated, overwhelmed, or feel "trapped" by parenting? How does the parent perceive their child (difficult, easy, a burden)? How invested is the parent to strengthen their parent-child relationship? How does the parent feel as a parent (happy, unhappy)?
<b>CHILD WELL BEING</b>	<i>Teaching new ways to build the child's social and emotional competence and help them grow and flourish.</i>
	Does the child have any physical, medical, behavioral needs? Does the parent understand the needs? Are the needs met? Does the child have supportive relationships?
<b>PARENTING ATTITUDES AND BEHAVIORS</b>	<i>Understanding children's development and having a positive, nurturing parenting relationship</i> <i>*See the Nurturing Parenting Program Parenting Constructs to learn more about this Core Outcome.*</i>
	Is this the only Core Outcome that the parent needs to address? Yes– Refer to Nurturing Parenting Program No– FC will complete an assessment to determine the need for Nurturing Parenting Program to address: Appropriate Expectations of Children, Empathy, Non-Violent Discipline, Appropriate Family Roles and/or Child's Power and Independence

# NURTURING PARENTING PROGRAM



<b>APPROPRIATE EXPECTATIONS</b>	<p><i>Learning age and cognitive appropriate expectations of children's development.</i></p> <p>Do parents know the developmental milestones of children? What is normal vs abnormal?            What are the child's/teens age appropriate skills and abilities?            How do parents support the child's/teens growth and development?            Do the parents expect the child to provide emotional support for adult issues?</p>
<b>EMPATHY</b>	<p><i>Understanding and supporting the needs, feelings and wishes of children.</i></p> <p>Does the parent understand the child's needs, feelings, emotions and wishes of the child? Is the parent supportive? Does the parent comfort, empower, support, challenge and accept the child?            Does the parent recognize the feelings and emotions of the child and respond in a positive, nurturing manner?</p>
<b>NON-VIOLENT DISCIPLINE</b>	<p><i>Teaching new ways to use non-violent discipline, instead of punishments.</i></p> <p>When and for what reason does the parent discipline their child? Is it to show force, power, control or dominance? Or is it to reinforce appropriate behaviors, and rules and teach responsibilities and boundaries?            What behaviors warrant discipline? Is the discipline the same for each incident?            When should rewards and praise be given?            After the use of discipline, does the parent talk with the child to discuss why discipline was used? What is the parent's behavior or attitude after disciplining?            Does the parent use different discipline techniques depending on the age and cognitive development of the child?</p>
<b>APPROPRIATE FAMILY ROLES</b>	<p><i>Understanding appropriate parent and child family roles.</i></p> <p>What are all family member's roles and responsibilities in the household?            Does the parent understand what each child's role is within the family unit? (child takes care of another child (if not age appropriate), child provides comfort and support to the parent, child takes over parental roles in the absence of a mother/father)            Does the parent expect the child to provide comfort and support to the parent?            Are children permitted to "be children" rather than pseudo caregivers?</p>
<b>CHILD'S POWER AND INDEPENDENCE</b>	<p><i>Empowering children's power, independence and their self-awareness, speak and behave freely.</i></p> <p>Does the parent allow the child to speak and behave freely?            Does the parent allow and encourage the child to problem solve, and brainstorm problems?            Does the parent allow the child to have input, express feelings and opinions without repercussions?            Does the parent empower their child/teen to make good decisions?            Does the parent allow the child to make mistakes in a safe environment?</p>