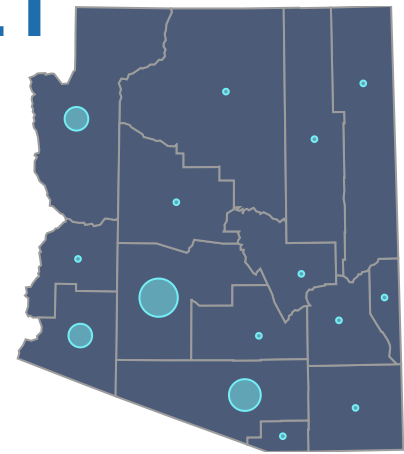


Healthy Families Arizona 20-21

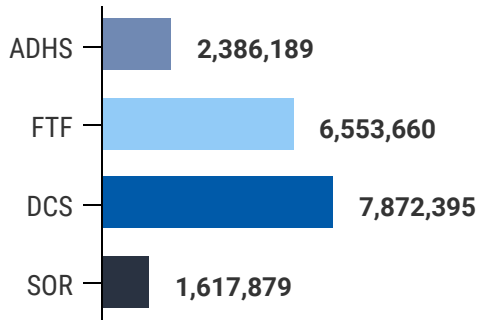
Evaluation Highlights

The **Healthy Families Arizona (HFAz)** program was established in 1991 by the **Arizona Department of Child Safety**. The U.S. Department of Health and Human Services has designated **Healthy Families America** as "evidence-based."

HFAz 20-21
4,090 Families
11 Programs
47 Teams
14 Counties
251 Zip Codes



Program Funding



Referral Source	Families Served FY 20-21
Community Referral	47% (1,933)
DCS Referral	3% (139)
DCS SENSE	5% (222)
Self-Referral	9% (378)
Systematic	35% (1,414)

Families receive home visits by trained staff who connect them to **community resources** and provide **child development coaching and education**.



HFAz helps expectant and new parents get their children off to a healthy start, with the ultimate goal of **reducing child abuse and neglect**.

HFAz Mothers Have Higher Needs than Mothers in Arizona

11% are **teen mothers** compared to 6% in Arizona.

70% are **single mothers** compared to 45% in Arizona.

25% have **less than a high school education** compared to 16% in Arizona.

62% are **not employed** compared to 9% in Arizona.



Caregivers showed significant improvement 14 months after enrollment in HFAz in four areas measured by the **Healthy Families Parenting Inventory (HFPI)**:

- Home Environment
- Mobilizing Resources
- Personal Care
- Problem Solving



Child Development Screening

A total of **4,724 Ages and Stages Questionnaires (ASQ-3)** were completed to measure a child's developmental progress and identify potential delays.

80% of screenings showed **typical** childhood development.

302 referrals for services were made based on ASQ-3 results that were of concern.



Almost all (98%) parents indicated they **feel more confident they can do a good job of raising their child** because they are a part of HFAz.

Key Services Provided

Developmental Screens

In FY20-21, 6% of children screened as potentially developmentally delayed and were referred to AzEIP, a doctor, or other community services. Children also receive developmental activities as a regular part of home visits.

Child Welfare

HFAz staff attended DCS case plan staffing. Used best practices and a family-centered approach. Coordinated with DCS staff to identify service needs and development of family and child goals.

Postnatal Depression

In FY20-21, 1,637 mothers were given the Edinburgh Postnatal Depression Screen within 3 months of the birth of their child. 360 referrals for postnatal depression were given, and 159 were already receiving services prior to the screening.

Recommendations



Complete the national re-accreditation process in the Fall of 2022. Ensure that evaluation efforts in 2022 meet recent changes to the HFA Best Practice Standards for State and Multi-Site Systems.



Emphasize the importance of assessments to provide families with information. Information should be used by staff to develop focused interventions and service plans for families.



Develop an equity plan by adding diversity, equity, belonging, and inclusion questions to the annual Caregiver Survey. The equity plan will set a course for continuous improvement to achieve greater equity.



Continue to support staff and supervisors in balancing the needs of families with their own needs. Explore strategies to improve staff retention.

For more information, please refer to the full evaluation report.

Source: LeCroy & Milligan Associates. (2022). *Healthy Families Arizona Annual Evaluation Report: October 2020 - September 2021.* Tucson, AZ.



LeCroy & Milligan Associates, Inc.
2002 N. Forbes Blvd., Ste 108
Tucson, AZ 85745
Ph: (520) 326-5154
www.lecroymilligan.com



Healthy Families Arizona
Arizona Department of Child Safety
3003 N. Central Ave.
Phoenix, AZ 85012
Ph: (602) 255-2500

