



# Safe Sleep Statistics You Need to Know

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65

sudden unexpected infant deaths occurred in Arizona in 2021, a 23% increase year-over-year

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82%

of sudden unexpected deaths in 2021 were caused by suffocation in an unsafe sleeping environment

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99%

of sudden unexpected infant deaths were preventable by practicing safe sleep

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3500

annual infant deaths are a result of unsafe sleep-related causes

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## Safe Sleep Saves Lives

Learn more about practicing safe sleep at [www.AZDCS.gov/safesleep](http://www.AZDCS.gov/safesleep)