## How College Differs from High School

## Personal Freedom in High School

High School is mandatory and free (unless you choose other options).

Your time is usually structured by others.

You need permission to participate in extracurricular activities.

You need money for special purchases or events.

You can count on parents and teachers to remind you of your responsibilities and to guide you in setting priorities.

Guiding principle: You will usually be told what your responsibilities are and corrected if your behavior is out of line.

Personal Freedom in College

College is voluntary and expensive.
You manage your own time.
You must decide whether to participate in extracurricular activities. (Hint: Choose wisely in the first semester and add later.)

You need money to meet basic necessities.
You will be faced with a large number of moral and ethical decisions you have not had to face previously. You must balance your responsibilities and set priorities.

Guiding principle: You're old enough to take responsibility for what you do and don't do, as well as for the consequences of your actions.


Each day you proceed from one class directly to another.

You spend 6 hours each - 30 hours a week - in class.

The school year is 36 weeks long; some classes extend over both semesters and some do not.

You often have hours between classes; class times vary throughout the day and evening.

You spend 12 to 16 hours each week in class.
The academic year is divided into two separate $\mathbf{1 5}^{-}$ week semesters, plus a week after each semester for exams (not including summer school).

You arrange your own schedule in consultation with your academic adviser. Schedules tend to look lighter than they really are.
Most of your classes are arranged for you.
Professors may not formally take roll, but they are
Teachers carefully monitor class attendance. still likely to know whether or not you attend.

Classes generally have no more than 35 students.

You are provided with textbooks at little or no expense.

Classes may number 100 students or more.
You need to budget substantial funds for textbooks, which will usually cost more than $\$ 300$ each semester.

Graduation requirements are complex and differ for different majors and sometimes different years. You are expected to know those that apply to you.


Professors may not always check completed homework, but they will assume you can perform the same tasks on tests.

Professors may not remind you of incomplete work.
Professors are usually open and helpful, but most expect you to initiate contact if you need assistance.

Teachers are often available for conversation before, during, or after class.

Professors expect and want you to attend their scheduled office hours.

Teachers have been trained in teaching methods to assist in imparting knowledge to students.

Professors have been trained as experts in their particular areas of research.

Teachers provide you with information you missed when you were absent.

Professors expect you to get from classmates any notes from classes you missed.

Professors may not follow the textbook. Instead, to amplify the text, they may give illustrations, provide background information, or discuss research about the topic you are studying. Or they may expect you to relate the classes to the textbook readings.

Teachers present material to help you understand the material in the textbook.

Professors may lecture nonstop, expecting you to identify the important points in your notes. When professors write on the board, it may be to amplify the lecture, not to summarize it. Good notes are a must.

Teachers often write information on the board to be copied in your notes.

Professors expect you to read, save, and consult the course syllabus (outline); the syllabus spells out exactly what is expected of you, when it is due, and how you will be graded.


You may study outside of class as little as o to 2 hours a week, and this may be mostly last-minute test preparation.

You often need to read or hear presentations only once to learn all you need to learn about them.

You are expected to read short assignments that are then discussed and often re-taught in class.

Guiding principle: You will usually be told in class what you needed to learn from assigned readings.


Tests in High School

Testing is frequent and covers small amounts of material.

You may need to study at least 2 to 3 hours outside of class for each hour in class.

You need to review class notes and text material regularly.

You are assigned substantial amounts of reading and writing, which may or may not be directly addressed in class.

Guiding principle: It's up to you to read and understand the assigned material; lectures and assignments proceed from the assumption that you've already done so.


## Tests in College

Testing is usually infrequent and may be cumulative, covering large amounts of material. You, not the professor, need to organize the material to prepare for the test. A particular course may have only 2 or 3 tests in a semester.

Makeup tests are seldom an option; if they are, you need to request them.

Professors in different courses usually schedule tests without regard to the demands of other courses or outside activities.
Teachers frequently rearrange test to avoid conflict with school events.

Professors rarely offer review sessions, and when they do, they expect you to be an active participant, one who comes prepared with questions.
Teachers frequently conduct review sessions, pointing out the most important concepts.

Mastery is usually seen as the ability to reproduce what you were taught in the form in which it was presented to you, or to solve the kinds of problems you were shown to solve.

Mastery is often seen as the ability to apply what you've learned to new situations or to solve new kinds of problems.

Grades may not be provided for all assigned work.
Consistently good homework grades may help raise your overall grade when test grades are low.

Extra credit projects are often available to help you raise your grade.

Initial test grades, especially when they are low, may not have an adverse effect on your final grade.

Grades on tests and major papers usually provide most of the course grade.

Extra credit projects, generally speaking, cannot be used to raise a grade in a college course.

Watch out for your first tests. They are usually wakeup calls to let you know what is expected - but they also may account for a substantial part of your course grade. You may be shocked when you get your grades. If you receive notice of low grades (Academic Warning), see your professor.

You may graduate only if your average in classes
You may graduate as long as you have passed all required courses with a grade of D or higher. meets the departmental standard - typically a 2.0 or C.

Guiding principle: Results count. Though goodfaith effort is important in regard to the professor's willingness to help you achieve good results, it will not substitute for results in the grading process.
Guiding principle: Effort counts. Courses are usually structured to reward a good-faith effort.


Dominion University with funding from the Virginia Department of Education
Revised by the Southern Methodist University with collaboration with colleagues in the Dedman College Advising Center and faculty from the Provost's Commission on Teaching and Learning and the English Department's First-Year Writing Program.

Further adaptations made by the Center for Academic Support and Engagement, Baylor University.

