WHEREAS, 95% of the Sudden Unexpected Infant Deaths (SUID) are preventable and 63% of those infants' deaths were due to suffocation; and
WHEREAS, every 5 days an infant dies from unsafe sleep and 53% of those infants who died were sharing a bed with adults and/or other children; and
WHEREAS, 59 Arizona infants died due to unsafe sleep environments in 2018; and
WHEREAS, safe sleep spaces should include a firm mattress and a tightly fitted sheet, and only the baby, with no blankets, stuffed animals, pillows, or bumpers in the sleep area; and
WHEREAS, parents and caregivers are encouraged to share their room, not their bed; and
WHEREAS, exposure to tobacco smoke greatly increases an infant's risk for SUID, while breastfeeding and pacifiers are known for decreasing the risk of SUID; and
WHEREAS, parents, grandparents, relatives, child care providers and everyone caring for infants are encouraged to learn more about how to keep infants safe when they sleep, and use safe sleep practices every time their baby is put to sleep; and
WHEREAS, promoting safe sleep requires collaboration among federal, state and local governments, faith-based and community-based organizations, medical providers, social service organizations, communities and families; and
WHEREAS, a simple conversation about safe sleep could save a life.
NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim October 2020 as

SAFE SLEEP AWARENESS MONTH

and call upon the communities and individual citizens of Arizona to join in the efforts to promote safe sleep practices and reduce the risk of sleep-related deaths for infants.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

GOVERNOR

DONE at the Capitol in Phoenix on this twenty-third day of September in the year Two Thousand and Twenty and of the Independence of the United States of America the Two Hundred and Forty-Fifth.

ATTEST:

SECRETARY OF STATE