Arizona Families F.I.R.S.T.

The Arizona Department of Economic Security and the Arizona Department of Health Services are joint administrators of the SB 1280 Arizona Families F.I.R.S.T., which offers a continuum of community-based substance abuse treatment services to either:

- A parent, guardian or custodian of a child who is named in a report to Child Protective Services as a victim of abuse or neglect and whose substance abuse is a significant barrier to maintaining, preserving or reunifying the family; or
- A person whose substance abuse is a significant barrier to maintaining or obtaining employment and is a recipient of Temporary Assistance for Needy Families (TANF) pursuant to Title 46, Chapter 2, Article 5.

How To Make A Referral

DES case managers from CPS and Jobs Program may make referrals for eligible clients by completing the mandatory request for service forms including:

- For CPS clients - Request for Services (PS-067) and the Arizona Families F.I.R.S.T. Referral Addendum (PS-06711)
- For Jobs Program clients – Referral to Provider notice (JB-106)
- Include collateral information describing the current family situation, relevant history and previous or current substance use patterns. Sufficient information is critical in conducting a comprehensive assessment and appropriate service delivery.

What to Expect When I Make a Referral

- The referral for services is a request for entire range of services - outreach, assessment, treatment and recovery maintenance. For participants who are AHCCCS eligible, the provider will coordinate services with the regional behavioral health authorities. At the conclusion of the assessment, a service plan is developed and interventions/level of care needs are identified.
- Therapeutic random drug and alcohol screening will be conducted throughout the program for participants.

Time Frames

- Provider will contact the client within 24 hours of receipt of the referral to schedule an intake. Strategies and techniques that encourage and motivate participants to accept services are utilized.
- Once the participant agrees, a comprehensive substance abuse assessment is initiated within seven days and concludes with a recommendation for the appropriate level of care.
- The first treatment service should occur within 14 days following the conclusion of the assessment process. Ongoing communication between the case manager and service provider occurs in order to optimize service delivery.

Array of Services

- **Substance Abuse Assessment**
  Provided to determine appropriate interventions and treatment.
- **Substance Abuse Awareness**
  Promotes awareness about consequences and effects of substance abuse on the body, individual and family life.
- **Outpatient Treatment**
  A minimum of three hours per week of individual, group and family therapy to address the participants’ substance use.
- **Intensive Outpatient Treatment**
  A minimum of eight hours per week of individual, group and family therapy to address the participants’ substance use.
- **Residential Treatment**
  Services include individual, group and family counseling. Some residential settings allow children to remain with the parent during treatment.
- **Recovery Maintenance Services**
  Designed to assist the participant in establishing community supports for sobriety and includes relapse prevention planning.
- **Auxiliary Services and Case Coordination**
  Services can include transportation, child care, car repair, utility assistance, housing assistance, clothing/ uniform vouchers, food boxes, cell phone minutes, parenting and domestic violence groups, employment services, couples counseling and coordination with community agencies. These services are provided throughout substance abuse treatment and enhance the success of participants.
Service Providers

- **TERROS - CENTRAL REGION**
  Counties Served: East Maricopa and Pinal
  Phone: (602) 685-6058   Fax: (602) 685-6060
  FFReferrals@terros.org

- **TERROS - PIMA REGION**
  County Served: Pima

- **TERROS - SW REGION**
  Counties Served: West Maricopa, Yuma, and La Paz
  Phone: (602) 685-6058   Fax: (602) 685-6060
  FFReferrals@terros.org

- **AZPAC - NORTHERN REGION**
  Counties Served: Mohave, Yavapai, Coconino, Nagejo, and Apache
  Phone: (928) 774-9125   Fax: (928) 774-0697
  AFFReferrals@cc-az.org

- **SEABHS - SE REGION**
  Counties Served: Graham, Greenlee, Cochise, Santa Cruz, and Gila
  Phone: (928) 428-4550   Fax: (520) 586-6118
  AFF_@seabhssolutions.org

Regional Behavioral Health Authorities

Arizona Families F.I.R.S.T. contracted providers coordinate with their local Regional Behavioral Health Authorities (RBHA) for the provision of covered Title XIX/XXI services.

- **Cenpatico Behavioral Health**
  Counties Served: Yuma, La Paz, Pinal, and Gila

- **Community Partnership of Southern Arizona**
  Counties Served: Pima, Graham, Greenlee, Santa Cruz, and Cochise

- **Northern Behavioral Health Authority**
  Counties Served: Mohave, Coconino, Apache, Nagejo, and Yavapai

- **Magellan - Maricopa County**

Equal Opportunity Employer/Program • Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact your local office TTY/ TDD Services: 7-1-1. • Free language assistance for DES services is available upon request. • Disponible en español en la oficina local.

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