

Arizona Support Groups

Acoustic Neuroma Association: Meets 9 a.m.-noon the third Saturday of each month except December. 996-2655.

ADD / ADHD: Meets 7 p.m. the first Thursday of each month at the Mustang Library, 10101 N. 90th St., Scottsdale. Lectures on ADD proceed group meetings. 480-424-7200. sniqeeg@gmail.com.

Adolescent Support & Counseling Group For G L B T Q Youth

Begins: 12/1/2007 from 1pm - 2:30pm each Saturday for 8 weeks. The group is for GLBTQ adolescents, ages 14-17. The group will be facilitated by Trayci Prince, registration is required and parental consent must be granted. To register, or for more information, contact Trayci. trayci@evolveinfo.com

Adoptee, Adoptive Parent, Birth Parent Support Group: Led by a counselor who is also an adoptee. First meeting is free. Location and information: 494-9799.

Adult Children of Alcoholics: 12-step organization for people born or raised in environment of addiction or dysfunction. 241-6760.

Adults with ADD Support Group: Ahwatukee Foothills Health Center, 4545 E. Chandler Blvd., Phoenix. 821-7777.

Alcoholics Anonymous: Phoenix, 264-1341; East Valley, 834-9033; West Valley, 937-7770.

Alcoholics Anonymous Open Meetings: 3 p.m. Sundays at the U-Can-2 Club, 8012 N. 27th Ave., Phoenix. 971-1283.

Alopecia Areata Support Group: Coping with hair loss. 897-1830.

Alpha Zeta: Support group for heterosexual cross-dressers and their significant others on the third Saturday of each month. Location, time and information: 488-0959.

ALS (Lou Gehrig's Disease) Support Group: 246-5555.

Alzheimer's Disease Support Groups: Monthly meetings throughout Valley for caretakers of Alzheimer's sufferers. 528-0550.

American Liver Foundation: Free support groups. 800-GO-LIVER.

Amputee Support Group: Meets 5:30 p.m. the third Tuesday of each month at HealthSouth, 11250 N. 92nd St., Scottsdale. 860-0671.

Anger Management Group: Meets 6:30 p.m. Tuesdays. Jewish Family and Children's Services. 994-8477.

Aphasia Support Group: 11 a.m.-noon Thursdays at Thunderbird Samaritan Medical Center, Classroom E, 5555 W. Thunderbird Road, Glendale. 439-1078.

Aphasia Support Groups: Call Easter Seals, 252-6061.

Barefoot Group Alcoholics Anonymous: Sober self-development and peer support through classic 12-step program, meets 8-9 p.m. Thursdays at John C. Lincoln Hospital, North Dining Room, 250 E. Dunlap Ave., Phoenix. 870-6300.

Battered Lesbians Group: 244-0089.

Better Breathers Club: Support group for adults with respiratory disease, their friends and family, from 2-4 p.m. fourth Wednesday of each month at John C. Lincoln Hospital, North Mountain at the Cowden Center, 9202 N. Second St., Phoenix. Free. 870-6300.

Bosom Buddies Support Group: Men and women dealing with breast cancer. 598-2954 or 461-2222.

Brain Injury Support Group: For survivors of traumatic head injury. Meets 7-8:15 p.m. the second and fourth Mondays of each month at Barrow Neurological Institute of St. Joseph's Hospital and Medical Center, Dining Rooms A and B, 350 W. Thomas Road, Phoenix. 406-3359.

Brain Tumor Support Group: For individuals, family members and friends. Meets 6-8 p.m. the fourth Tuesday of each month at Barrow Neurological Institute, Cullen Auditorium, 350 W. Thomas Road, Phoenix. 873-2757.

Breast Cancer Support Group: 6-7:30 p.m. third Wednesday of each month at Good Samaritan Regional Medical Center, 925 E. McDowell Road, Phoenix. 239-3250.

Breast Cancer Support Group: Center for Women's Health, 500 W. 10th Place, Mesa. 231-6666.

Calorad Support Group: 7:30 p.m. Tuesdays. For weight loss and relief from arthritis, 1750 W. Bell Road, Phoenix. 938-2526.

Cancer Support Group: 6:45 p.m. Wednesdays. CrossRoads Church, 3400 N. Dobson Road, Chandler. 839-4955.

Cancer Support Group: 5 p.m. Thursdays. Mesa Lutheran Hospital, 525 W. Brown Road, Mesa. 461-2222.

Cancer Support Group: 2 p.m. Thursdays. Valley Lutheran Hospital, 6644 E. Baywood Ave., Mesa. 461-2222.

Cancer Support Group: 2-3 p.m. Tuesdays. Chandler Regional Hospital, Morrison Auditorium, 1875 W. Frye Road, Chandler. 821-7777.

Cardiac Support Group: 8-9 a.m. second and fourth Thursday of each month at Thunderbird Samaritan Medical Center, 5555 W. Thunderbird Road, Glendale. 223-5196.

Cardiac Support Group: 10-11:30 a.m. second Wednesday of each month at John C. Lincoln Hospital, North Mountain at the Cowden Center, 9202 N. Second St., Phoenix. 870-6300.

Cardio/Pulmonary Support Group: 800-COLUMBIA.

Caregiver Support Group: Meets from 10:30 a.m.-noon on the second Wednesday of each month at John C. Lincoln Hospital, North Mountain at the Cowden Center, 9202 N. Second St., Phoenix. 870-6060, Ext. 4515.

Caregivers of the Elderly Support Group: Meets at 1:30 p.m. second Wednesday of each month at Scottsdale Senior Center, 7375 E. Second St., Scottsdale. 274-5022.

Chemical Dependency: Franciscan Renewal Center. 948-7460.

Chronic Fatigue Syndrome Support Group: 407-2511.

Chronic Pain Sufferers: 314-2330.

Co-Dependents Anonymous (CODA): 735-3060, 735-3068.

Community Information and Referral Hotline: Provides a listing of self-help and support groups in the Valley. 263-8856.

Compassionate Friends: For parents who have experienced the death of a child. 752-1832.

Compulsive Overeating: 10-11:30 a.m. Mondays. \$45. 994-9773.

COPD Support Group: 246-5997.

Coping with Cancer: 588-5450.

Coping Together: For children of parents or close relatives with cancer. 481-INFO.

Debtors Anonymous: 234-6566.

Depressed Anonymous: 231-0868.

Depression and Anxiety Groups: Offered by the Mental Health Association. 994-4407.

Diabetes Outlook Support Group: Meets from 7:30-9 on the third Tuesday evening of each month at John C. Lincoln Hospital, North Mountain at the Cowden Center, 9202 N. Second St., Phoenix. 870-6300.

Diabetes Support Group: 461-2222.

Diabetes Support Group: 848-5128.

Diabetes Support Group: 800-265-8624. Divorce Recovery Support Group: 6:30 p.m. Wednesdays at North Hills Church, 15025 N. 19th Ave., Phoenix. \$10, for workbook. Information: 863-6040.

Domestic Violence Support Group: 675-4636.

Eating Disorders Family Support Group: Samaritan Behavioral Health Center-Scottsdale, Theater, 7575 E. Earll Drive, Scottsdale. Free. 990-2900.

Eating Disorders Family Support Group: For family and friends of sufferers of anorexia and bulimia. 6:30-8 p.m. Mondays at Psychological Pathways, 3260 N. Hayden Road, Suite 106, Scottsdale. 994-9773.

Eating Disorders Solution-Oriented Support: Samaritan Behavioral Health Center-Scottsdale, West Group Room, 7575 E. Earll Drive, Scottsdale. \$5. 990-2900.

Eating Disorder Support Group for Men: 994-9773.

Ehlers-Danlos Syndrome Support Group: 465-0502. Emotions Anonymous: A 12-step program for those with emotional problems and difficulties, held at 7:45 p.m. Tuesdays at the First Christian Church of Glendale, 6242 N. 59th Ave., Room 15, Glendale. 937-8480.

Families Anonymous for Concerned Teens (FACT): 979-9183.

Family Alliance for the Mentally Ill: A group for families and friends. 244-8166 or 948-5826.

Fibromyalgia Support Group: 995-9355.

Food Addicts Anonymous: 266-7805.

Franciscan Renewal Center - Casa de Paz y Bien. Located at 5802 E. Lincoln Drive, Scottsdale, AZ 85253 Contact: Counseling Ministry at 480-948-7460 ext.133 between the hours of 8:30-Noon, Mon - Fri. Support groups available for Divorce, Separation and Significant Relationship Endings, Grief, Resources for Families and Friends Dealing with Chemical Dependency, and Depression.

Gamblers Anonymous: 266-9784.

Grandparents Support Group: For those raising grandchildren. Coordinated through D.O.A.R. (Developing Older Adult Resources). 274-5022.

Grief and Bereavement Support Group: For those who have experienced a loss. 10 a.m. Tuesdays, Hospice of Arizona, 7600 N. 15th St., Suite 165, and 10 a.m. Thursdays at St. Joachim and St. Ann Church conference room, 11625 N. 111th Ave., Sun City. Also held at the hospice at 6 p.m. on the first Tuesday of every month. Free. 678-1313.

Grief and Loss Seminars and Groups: Held in the West, Central and East Valley. Free. 433-4182.

Grief Support Group: Sponsored by Hospice of the Valley. 530-6970.

Happy Faces: The Craniofacial Foundation of Arizona offers the support group for patients and their families. 942-4800.

Headache Support Group: Sufferers of migraine, cluster and tension headaches meet the third Monday of each month at St. Joseph's Hospital and Medical Center, Conference Room II, 350 W. Thomas Road, Phoenix. 705-5028.

Headache Support Group: Meets 4-5:30 p.m. on the second Wednesday of each month at the Sun Lakes Health Center Community Room, 10440 E. Riggs Road, Chandler. 821-7777.

Healing Support Group: 12-step group for adults who have experienced divorce, death of a loved one, and/or experienced dysfunctional family lifestyles. 860-0150.

Help for Parents: Improve relationship with your children, learn new parenting skills and receive support from other parents. Child care provided. 248-0428, Ext. 234. Hospice of Arizona: Provides free grief and bereavement education and support groups in the northwest Valley and central Phoenix. Call for time and locations. 678-1313.

I Can Cope: Thunderbird Samaritan Medical Center, Classroom A, 5555 W. Thunderbird Road, Glendale. 588-5869.

Incest Survivor Support Group: 7-8:30 p.m. Wednesdays at Franciscan Renewal Center, 5802 E. Lincoln Drive, Paradise Valley. \$10. 948-7460.

Interstitial Cystitis: Meets from 2-4 p.m. on the first Sunday afternoon of each month at John C. Lincoln Hospital, North Dining Room, 250 E. Dunlap Ave., Phoenix. 870-6300.

Kidney Support Group: Samaritan Transplant Services, 1410 N. Third St., Phoenix. 251-2700 or 800-554-1923.

Kids Can Cope: Thunderbird Samaritan Medical Center, 5555 W. Thunderbird Road, Glendale. 588-5869.

Leukemia Support Group: 6:30 p.m. third Thursday of each month at Thunderbird Samaritan Medical Center, Classroom 3A, 5555 W. Thunderbird Road, Glendale. 250-0493.

Liver Support Group: Discussion and education for liver patients and family members, 6:30 p.m. the first Wednesday of each month at Samaritan Transplant Services, 1410 N. Third St., Phoenix. 251-2700.

Living in Fearful Environments (LIFE): 440-3481.

Lyme Disease: 994-5449.

Mended Hearts: Support group for individuals who have had a cardiovascular problem. Support and information provided through monthly meetings, speakers, newsletters and hospital visitation. 867-2533 or 481-4550.

M.I.K.I.D. (Mentally Ill Kids in Distress): 253-1240.

Mental Illness Family Support Groups: Arizona Alliance for the Mentally Ill. West, Central, East and North Valley: 244-8166; statewide: 800-626-0500.

Moms for Moms: 816-0370.

Moms on the Move: For new mothers. 2-3:30 p.m. Tuesdays at Scottsdale Healthcare Osborn, 7400 E. Osborn Road, Scottsdale. 675-INFO.

Natural Trim Patch Weight Loss Support Group: Meetings, 7 p.m. Wednesdays. Call for location: 483-0695.

Nar-Anon: Meetings for family and friends of addicts. 222-6229.

Narcotics Anonymous: 784-4004.

New Parent Support Group: Columbia Paradise Valley Hospital, 3929 E. Bell Road, Phoenix. 800-265-8624.

Nicotine Anonymous: A 12-step organization with five chapters in the Valley. 990-3860.

Osteoporosis Awareness Support Group: Valley Lutheran Hospital, Center for Women's Health, 6644 E. Baywood Ave., Mesa. 461-2222.

Ostomy Chapter-U.O.A. Support Group: 7:30 p.m. second Tuesday of each month at Chris Ridge Nursing Home, 6246 N. 19th Ave., Phoenix. 906-0363. Overeaters Anonymous: Young people's meeting 11 a.m. Saturdays at the OA Office, 1219 E. Glendale Ave., Phoenix. 840-6671.

Overeaters Anonymous: 534-3770.

Overeaters Anonymous: 241-3850 or www.overeatersanonymous.org on the Web. Overeaters Anonymous: Newcomers welcome at 7:30 p.m. every Monday at Scottsdale United Methodist Church, 4140 N. Miller Road, Room 11, Scottsdale. 425-0879.

Overeaters Anonymous: Newcomers welcome at 8:30 a.m. every Saturday at the New Church of Phoenix, 5631 E. Shea Blvd., Phoenix. 788-9906.

Overeaters Anonymous for Teenagers: 423-8490.

Parent/Teen Connection: Open forum for parents and teens to discuss a variety of issues. North Valley Medical Plaza, 3811 E. Bell Road, Suite 106, Phoenix. 800-265-8624.

Parkinson's Support Group: Muhammad Ali Parkinson's Research Center, 406-4931 or 800-273-8182.

Post-Polio Support Group: 285-0606.

Prostate Cancer Support Group: 7-8:30 p.m. second Monday of each month at St. Joseph's Hospital and Medical Center, Cullen Auditorium, 350 W. Thomas Road, Phoenix. 406-3165. Prostate Support Group: 7 p.m. the fourth Thursday of each month at Chandler Regional Hospital, Cancer Center, 475 S. Dobson, Chandler. 821-7777. Prostitutes Anonymous: For men and women wanting to leave the sex industry, meetings are at 7:30 p.m. every Wednesday. Location: call 646-3600 from 7-11 p.m.

Pulmonary Support Group: Maryvale Samaritan Medical Center, 5102 W. Campbell Ave., Phoenix. 848-5128.

Pulmonary PEP Club: 461-2222.

Rational Recovery, Self-Help Network Discussion Group: Alternative to 12-step approach to addiction recovery. Promotes self-recovery from substance and other addictions through addictive voice-recognition technique, a skill that can be learned. 941-6875.

Reaching Out: Self-help for women who have or have had breast cancer, meetings are held from 6:30-8:30 p.m. on the fourth Tuesday of the month at Phoenix Baptist Hospital and Medical Center, 2000 W. Bethany Home Road, Phoenix. 995-7777.

Rebound: Christian-based support group for those suffering from depression and anxiety disorders. Meets 7:30-9:30 p.m. Thursdays at Mesa Community College, 1833 W. Southern Ave. 895-5334, Ext. 4949.

Recovery Inc.: Help for nervous symptoms, fears, phobias, panic disorders and depression. 990-0294.

Recovery Inc.: A self-help group for former mental patients or nervous people, 7:30-9 p.m. Tuesdays at Mt. Calvary Lutheran Church, 5105 N. Seventh Ave., Phoenix. No fee and non-sectarian. 246-7841.

Red Hot Mamas: Menopause support group meets monthly at the North Valley Medical Plaza, Suite 106, 3811 E. Bell Road, Phoenix. 800-265-8624. Relationship Instructional Group: Relationship-skills development class at 7:15 p.m. Mondays at Montessori School, 14233 N. 47th Ave., Phoenix. \$5 per session. 285-5610.

Relationship Counseling for Couples: Begins 1/12/2008|10-11:30am. This is a 12 week couples counseling group. The group is available to all couples, regardless of sexual orientation. Registration is required and space is limited to eight couples. This group is being co-facilitated by Wesley Perdue & Trayci Prince. Please call the office, or email groups@evolveinfo.com to register or for more information.

SAFE B.E.T.: For sufferers of bulimia and anorexia. Charter Health Systems in Chandler or Glendale. 994-9773.

Scleroderma Federation: 955-6968.

Self-Esteem Support Group: 7-8:30 p.m. Wednesdays at Franciscan Renewal Center, 5802 E. Lincoln Drive, Paradise Valley. \$10 donation. 948-7460.

Self-Help Umbrella: A clearinghouse of self-help support groups in the greater Phoenix area. 231-0868.

Sex Addicts Anonymous: 530-1680.

Sharing Down Syndrome Arizona Inc.: 926-8685.

Speak Easy: For those who have had laryngectomy surgery. American Cancer Society, 2929 E. Thomas Road, Phoenix. 553-7129.

Stroke Club: Meets from 10 a.m.-noon Mondays at John C. Lincoln Hospital, North Mountain at the Cowden Center, 9202 N. Second St., Phoenix. 870-6300.

Stroke Support Group: Mesa Lutheran Hospital, 525 W. Brown Road, Mesa. 461-2222.

Stroke Support Group: 10-11 a.m. fourth Friday of each month at Thunderbird Samaritan Medical Center, Classroom 3A, 5555 W. Thunderbird Road, Glendale. 973-5544.

Stroke Support Group: St. Joseph's Hospital and Medical Center, 350 W. Thomas Road, Phoenix. 252-6061.

Survivors of Suicide: 784-1514. Crisis Line: 784-1500.

Teen Group for Chemical Dependency: 994-9773.

Teens with Diabetes Support Group: Chandler Regional Hospital, 1875 W. Frye Road, Chandler. 821-7777. Time for Survivors: For anyone diagnosed with cancer. American Cancer Society, 2929 E. Thomas Road, Phoenix. 553-7129.

TOPS, Take Off Pounds Sensibly: 9:30 a.m. Wednesdays at Church of the Holy Innocence, 2501 E. Cactus Road, Phoenix. 465-9325.

West Side Friends: HIV support group for the affected and infected, Epworth United Methodist Church, 4802 N. 59th Ave., Phoenix. 848-5128.

West Valley Chronic Pain Support Group: Banner Estrella Hospital Conference Center, 9201 W Thomas Rd, Phoenix, AZ 85037, WVCPain@gmail.com

Women for Sobriety: Women recovering from problem drinking meet at 10 a.m. Saturdays at Sunrise Mountain Branch Library, 21200 N. 83rd Ave., Peoria. 584-4417 and 546-2771. Women's Personal Growth Groups: Meet weekly in south Tempe on topics including unhealthy relationships and co-dependency. \$15. Schedule and information: 210-5500.

Women's Support Group for Personal and Professional Growth: 870-1005.

Women's Support Group for Victims of Domestic Violence: Sponsored by Chrysalis Shelter for Women and Children. 279-3711.

Working Mothers Support Group: For mothers who plan to return to work one to three months after delivery of baby. 675-INFO.

Victims of Late-Life Domestic Violence Support Group: For women ages 50 and older. Groups meet 10 a.m. to noon Tuesdays in Sun City West and 1:30-3 p.m. Mondays in Mesa. 264-HELP.

Y-ME: Open-door educational and support meetings at two northeast Valley locations. 7 p.m. on third Wednesday of each month. Also, 7 p.m. on second Tuesday of month in Mesa. 231-6600