

# Measles Information

## Signs and Symptoms

### What Are Symptoms of Measles?

1. Fever - as high as 103-105 degrees
2. Cough
3. Runny nose (Coryza)
4. Red, watery eyes (Conjunctivitis)
5. Rash

### What Does the Rash Look Like?

A red, blotchy rash which begins 2-4 days after other symptoms have started. The rash typically starts first on the face and upper body.

### Think You Have the Measles?



CALL YOUR HEALTH CARE PROVIDER FIRST.

MEASLES IS HIGHLY CONTAGIOUS.

CALLING AHEAD FOR INSTRUCTIONS WILL HELP AVOID EXPOSING OTHERS.



**9 of 10 unvaccinated people exposed to measles will become infected.**



To find a vaccine or for more information on measles go to [StoptheSpreadAZ.org](http://StoptheSpreadAZ.org)



[WhyImmunize.org](http://WhyImmunize.org)

Get your kids vaccinated. The first dose of MMR is given on or after their 1st birthday.

The second dose of MMR should be given at age 4-6 years. However, it may be given as soon as 1 month after the first dose.

Adults who do not know if they are protected against the measles should call and talk to their doctor.

Vaccinating yourself not only protects you and your family, it also protects those too young to get the vaccine (infants) and those that are not able to get the MMR vaccine.



# Think it might be Measles?

**Measles is in our County!**

**If you have ANY of these symptoms:  
Cough, Runny Nose, Red eyes, or Fever OR  
RASH!**

**PUT A MASK ON and tell the  
receptionist right away.**



**¿Cree que tiene  
Sarampión?**

**¡Tenemos Sarampión en nuestro Condado!**

**Si usted tiene CUALQUIERA de estos síntomas:**

**Tos, Nariz congestionada o moquenta, Ojos rojos, o  
Fiebre O ERUPCIÓN/SARPULLIDO**

**PÓNGASE UNA MÁSCARA y luego díglele a la  
repcionista inmediatamente**