

## Your Support Team

DCS CASE MANAGER

Name: .....

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Phone .....

### BRF PROVIDER CONTACT INFORMATION

Agency .....

Family Support Worker .....

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Phone .....

Notes .....

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### Equal Opportunity Employer/Program

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age of Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understands a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in an alternate format or for further information about this policy, contact your local office; TTY/TDD Services: 7-1-1. Free language assistance for department services is available upon request.

CSO-1998 (3-2019)

# BUILDING RESILIENT FAMILIES



*A program offered by the Department of Child Safety to support families and help them thrive.*



## What Can I Expect?

Your DCS case manager has requested that an outside agency, a Building Resilient Families (BRF) provider, work with your family to give you additional help and support. The BRF provider will contact you within five days of receiving that request to meet you, get to know you and your family, and learn ways they can help you.

## What Do BRF Services Include?

The BRF provider will give you a list of questions with available service options to help you decide exactly what you need. With your help and this information, the provider will complete a family assessment and develop a service plan with the goal of helping you learn ways to meet your own family's needs—now and in the future. You can modify items in your plan if your needs change.

The BRF provider will come to your home two or more times per month to help you work on your goals. If needed, the provider can also meet with you at other locations. These services can last for up to four months. They may directly help you with some needs, and can connect you to resources in the community for other needs. BRF providers know a great deal about many types of available resources and really want to work with you.

## How Do These Services Benefit Me and My Family?

BRF services are designed to work with your whole family. All family members will be involved in developing the service plan, which is one tool to help guide your family in becoming stronger and show you the progress you are making. Providers can offer new ideas and teach you how to become self-sufficient to meet your own family's needs. Findings as well as any licensing concerns will be set to OLR and the providers licensing agency/specialist after completing the investigation.



## What Services are Available?

Some of the many services available are:

### BASIC GOODS

Food	Clothing
School Lunches	SNAP/WIC
Household items	Baby Items

### FINANCIAL SKILLS TRAINING

Strategies to afford:

Utilities	Transportation
Rent	School Supplies
Medical services	Prescriptions
Child Care	Co-pays

### EDUCATION/SKILLS TRAINING

Job Search	Get tutoring
Job Training	Child's school behavior
Learn English	Special Ed/IEP assists
Family Planning	GED

### HOUSING/HOUSEHOLD ASSISTANCE

Apartment hunting	Childproofing
Using coupons	Emergency Housing
Landlord/tenant issues	Home cleaning
Pest control	Menu Planning

### LEGAL ASSISTANCE

Child custody	Paternity
Child support	Immigration Issues
Divorce	Tenant/Parental/
Order of Protection	Victim's Rights

### PARENTING & FAMILY COMMUNICATION

Child Development	Problem Solving
Infant Care	Family Conflicts
Healthy Disciplining	Child Behaviors
Handling Stress	Crisis Intervention